



California State Park Lifeguard

MAKE A DIFFERENCE! BECOME A CALIFORNIA STATE PARK SEASONAL LIFEGUARD I

STARTING PAY \$14.91 PER HOUR



BEGIN A REWARDING & CHALLENGING CAREER!

Work as a seasonal lifeguard for the California State Park System at a State Park beach, lake, or reservoir.

BE TRAINED IN:

- Advanced First Aid & CPR
- Open Water Lifesaving Techniques
- Aquatic Search and Rescue Procedures

REQUIREMENTS:

- Possession of a valid California drivers license with a good driving record at time of appointment.
- Physical strength and endurance.
- Willingness to work weekends and holidays.
- Visual and hearing acuity necessary to detect and rescue a struggling victim in the water.

In accordance with AB 1531, any person admitted to the interview and who is receiving State Public Assistance under the Aid to Families with Dependent Children Program shall be given priority consideration. Equal opportunity to all regardless of sex, race, ancestry, disability, age or sexual orientation.

TO QUALIFY: Picture I.D. is REQUIRED on the day of the swim test. All minors are required to have a parent or guardian PRESENT on the day of the swim test for swim test waiver signature.

- 1.) You must pass a **COMPETITIVE** swimming test consisting of the following:
 - 1,000 yard open water swim. Time limit of 20 minutes.
 - A continuous 200 yard run, 400 yard swim, 200 yard run. Time limit of 10 minutes.
- 2.) Qualification appraisal interview.
- 3.) Successful completion of the California State Park Lifeguard Training Program.(8days)
- 4.) Successful completion of work location Field Training Program.

OCEAN TESTING DATES AND LOCATIONS:

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| Huntington State Beach | Saturday, March 1, 2008 | 9:00 am |
| Silver Strand State Beach | Saturday, March 8, 2008 | 9:00 am |
| Ventura (San Buenaventura) State Beach | Sunday, March 9, 2008 | 9:00 am |
| Leo Carrillo State Park | Saturday, March 15, 2008 | 9:00 am |
| Rio Del Mar State Beach | Saturday, March 15, 2008 | 9:00 am |
| South Carlsbad State Beach | Sunday, March 16, 2008 | 9:00 am |
| San Clemente State Beach | Saturday, March 29, 2008 | 9:00 am |
| Refugio State Beach | Sunday, March 30, 2008 | 9:00 am |
| Monterey State Beach | Saturday, April 5, 2008 | 9:00 am |
| Crystal Cove State Park | Sunday, April 6, 2008 | 9:00 am |

LAKE TESTING DATES AND LOCATIONS:

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|--------------------------------------|--------------------------|----------|
| San Luis Reservoir SRA | Saturday, March 29, 2008 | 10:00 am |
| Perris Beach, Lake Perris SRA | Sunday, March 30, 2008 | 9:00 am |
| Millerton Lake State Recreation Area | Saturday, April 12, 2008 | 10:00 am |
| Beals Point, Folsom Lake SRA | Saturday, April 19, 2008 | 9:00 am |
| Perris Beach, Lake Perris SRA | Saturday, April 26, 2008 | 9:00 am |
| Beals Point, Folsom Lake SRA | Saturday, May 17, 2008 | 9:00 am |

FOR FURTHER INFORMATION PLEASE CALL:

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|--|--------------|
| San Diego County, South | 619-435-0126 |
| San Diego County, North | 760-438-2675 |
| Orange County, South | 949-366-8592 |
| Orange County, Central | 949-497-7641 |
| Orange County, North | 714-536-1454 |
| Los Angeles County, North | 310-457-2585 |
| Ventura County | 805-648-3321 |
| Santa Barbara County | 805-968-3834 |
| Monterey County | 831-649-2808 |
| Santa Cruz County | 831-427-4868 |
| San Mateo County | 650-726-8806 |
| Sonoma Coast | 707-865-2391 |
| Southern California Lakes & Reservoirs | |

Northern/Central California Lakes & Reservoirs

| | |
|---------------------|--------------|
| Perris Lake: | 951-940-5645 |
| Silverwood Lake: | 760-389-2281 |
| Folsom Lake: | 916-988-0205 |
| Millerton Lake: | 559-822-2332 |
| San Luis Reservoir: | 209-826-1197 |

Want to Learn More?

Visit our website and watch our State Lifeguard Training video!

Go to:

www.parks.ca.gov/aquaticsafety

For more information and questions contact:

AquaticSafety@parks.ca.gov

2008 LIFEGUARD TRAINING PROGRAMS (all programs are 8 day/80 hours):

Ocean Lifeguard Training Dates 2008 @ Huntington State Beach

- I. Weekends May 10-11, 17-18, 24-25, May 31-June 1
- II. Sunday, June 8 through Sunday, June 15
- III. Saturday, June 21 through Saturday, June 28

Lake Lifeguard Training Dates 2008 @ Lake Perris

- I. Monday, June 16 through Monday, June 23